



ALOFT AND HEADRIG SAFETY AGREEMENT

I, _____, understand that in order to participate in activities aloft or on the headrig of any vessel operated by Los Angeles Maritime Institute (LAMI), I must agree to and accept responsibility for the following rules and conditions:

Harness Protocols

1. Harnesses must be worn by all personnel aloft or on the head rig at all times. (An exception can be made for the head rig if the vessel is tied to a dock.)
2. Harness must be donned properly and be equipped with a lanyard and working carabiner that wearer can manipulate with one hand.

Initials

Lanyards

1. Anything that goes aloft must be on a lanyard – nothing should be on your person that could fall back to deck (hat, sunglasses, phone, any tool, etc.).

Terminology

1. Before ascending the shrouds call, “Laying aloft.” If you are the first person up, you must receive acknowledgement from the mate or captain before climbing. Subsequent climbers must have acknowledgement from the person already aloft.
2. Response to “laying aloft” is, “lay away.” No response is the same as no.
3. If anyone is on a yard onto which you intend to lay, you must announce your intention to do so before you step onto a footrope. Say, “Laying on” and add the side of the yard. For example, “Laying on starboard lower topsail.” Everyone on the yard must respond, “Lay away starboard” before you step on.
4. Anyone laying off a yard must say, “Laying off” and have a response of, “Lay away” from everyone on that yard before stepping off.

Clipping In

1. On yards and on the head rig, clip into the silver safety cable before laying on and stay clipped in unless you are laying back to deck.
2. You must clip into the safety line at the futtocks.
3. Do not clip into or hold onto running rigging – hands go on black, not tan or brown.
4. Three ways to clip in:
 - a. Directly to a line;
 - b. Around the line and back to the D-ring on the harness;
 - c. Around the line and back to the harness lanyard.

(continued on back)

Initials

- 5. Feet go on ratlines (white, horizontal ropes on shrouds); hands go on shrouds (black, vertical served portion of shrouds). _____
- 6. Unless it is an emergency, no climbing around another crew member on a yard. _____
- 7. When students lay aloft, one qualified crew member must be clipped into a position to supervise them as they negotiate the futtocks and help if necessary. A second crew member must be stationed at the bottom of the windward shrouds to monitor laying on and off the shrouds. _____

Miscellaneous Procedures

- 1. Climbing is challenge by choice – it is not mandatory. _____
- 2. No talking to climbers as they go aloft. They must be able to concentrate.
 - a. Do not encourage, goad, or pressure students into climbing higher than they feel comfortable going; _____
 - b. Do not allow parents, chaperones, or teachers to do so either. _____
- 3. Unacceptable behavior includes:
 - a. “Burning backstays” (sliding down stays)
 - b. Sitting or standing on yards (unless it is required for maintenance)
 - c. Hanging from footropes
 - d. Sitting on footropes
 - e. Climbing in flip flops or loose shoes that could fall off _____

Rule Violations

- 1. If you are aloft, you must adhere to these protocols even if another crew member is violating them. Under no circumstance is it permissible to be unsafe aloft. _____
- 2. If you are found to be in violation of these protocols, you will be given one warning. A second violation will revoke your permission to climb. _____
- 3. If you see another crew member in violation of these protocols, please remind them they must comply. If they refuse, find a time to inform the mate or captain (in private) as soon as possible. _____

Medical Conditions

- 1. If you have a medical condition (such as seizures or vertigo) that might affect safety aloft, you must disclose it to a LAMI official before climbing. _____

Signature of participant _____
Date

Signature of parent/guardian if participant is under 18 _____
Date